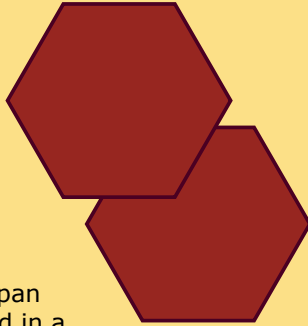


ADHD Indicators

If you suspect your child or teenager might struggle with ADHD, complete the following questionnaire and show the results to your healthcare provider. Check the behaviors your child is exhibiting.

- Does not work to potential in school
- Makes careless mistakes
- Frequently forgets daily events
- Has short attention span unless very interested in a particular subject
- Has a family history of Attention Deficit Disorder, or Attention Deficit Hyperactivity Disorder
- Lacks attention to detail
- Has trouble listening carefully to directions
- Frequently forgets or misplaces things
- Has trouble maintaining an organized work or living area
- Procrastinates, especially with multi-faceted tasks
- Is easily overwhelmed by everyday tasks
- Spends excessive time on homework
- Has problems with self-esteem
- Has trouble sitting still or in one place for long periods



- Acts impulsively or dangerously without considering the consequences
- Is always moving or fidgeting, even when expected to be still
- Often fidgets or squirms in seat
- Often talks excessively
- Has difficulty playing quietly
- Is often restless and running or climbing
- Does not remain seated during class
- Often blurts out answers before questions have been completed
- Has trouble waiting his/her turn
- Lacks tact, often saying the first thing that comes to mind

If your child exhibits any of these behaviors on a regular basis, ask your healthcare provider what options are available.

